

PSY100H1S: Introductory Psychology

Welcome to PSY100! This is the course (and Con Hall is the place) where I fell in love with psychology, and I hope that you will too. Psychology is the scientific study of thought and behaviour. It is an incredibly diverse discipline, as psychologists study an amazing array of topics from a broad range of different perspectives. This course is intense, because it introduces you to all of the major topic areas in psychology in a very short amount of time. You will be expected to keep up with the reading and to learn a lot of the material independently. The lectures are designed to help you learn the most important material, clear up common misconceptions or confusions, and to help bring the course content to life for you, through examples, demonstrations, videos, and other activities. My hope is that the lectures will inspire you to want to read the textbook and learn more about the subject area. I recommend that you complete the assigned readings once before lecture (even a quick pass will help), and then again after the lecture.

Class Meets: Tuesdays 10am-1pm in Convocation Hall (CH)

- Please make sure that there are seats in the front row available for anyone with vision/hearing or other impairments who may require them.
- We will take two 10-minute breaks (at approximately 11am and 12pm) during the lecture.
- PowerPoint slides will be posted on Blackboard the night before class.

Instructor: Professor Ashley Waggoner Denton

Office: SS5016D Phone: (416) 978-3020

Office hours: Tuesdays & Thursdays 3-4pm, or by appointment

All course-related email should be sent to: psy100@psych.utoronto.ca

You will receive a response within 2 *business* days. We receive hundreds of emails, so please check the syllabus, Blackboard site, and lecture slides before sending your question, to make sure that it isn't already answered.

Textbook (required): *An Introduction to Psychological Science* (1st Canadian Edition), by Krause et al. (ISBN: 9780133565218). You may buy/rent a new or used copy from the University of Toronto Bookstore. New versions of the textbook come with free access to optional online features/resources (MyPsychLab). Copies of the textbook are also available in the Course Reserves section of Robarts Library, for short-term (3 hour) loan.

Teaching Assistants

- Nick Diamond
- Samantha Gauvreau
- Melissa Hebscher

- Iva Kristl Brunec
- Joan Ngo
- Veronica Yuk



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TA Office Hours:

- **❖** Tuesdays 1:30 − 2:30pm, SS 5016F (or by appointment)
- For one-on-one help or small group discussions with a course TA about the course material. All drop-in office hours are held in the PSY100 Advising Room, located on the 5th floor of Sidney Smith Hall, room 5016F.

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♦ Content-Specific Tutorials & Pre-Test Q&A Sessions

- ❖ During these optional content tutorials, a course TA will review content from a particular chapter (or chapters) of the textbook (material that is not covered in lecture). During the pre-test Q&A sessions, TAs will answer questions about any of the textbook material covered on that test (these Q&A sessions are unstructured, and you may come and go as you please during the two hour period). Attendance is completely optional. Please note that seating may be limited.
- Research Methods (TA: Melissa Hebscher)
 - o Friday January 22nd, 1-2pm OR 4-5pm
 - o Location: SS 2117
- <u>Biological Psychology</u> (TA: Iva Kristl Brunec)
 - o Friday January 29th, 1-2 OR 4-5pm
 - o Location: SS 2117
- Sensation & Perception (TA: Nick Diamond)
 - o Friday February 5th, 1-2pm
 - o Location: SS 2117
- Pre-Test 1 Q&A: TAs will answer questions about any of the test 1 reading
 - o Friday February 5th, 2-4pm
 - o Location: SS 2117
 - o Monday February 8th, 11am-1pm
 - o Location: SS 2102
- <u>Learning & Memory</u> (TA: Joan Ngo)
 - o Friday March 4th, 1-2pm OR 4-5pm
 - o Location: SS 2117
- Social & Personality Psychology (TA: Samantha Gauvreau)
 - o Friday March 18th, 1-2pm
 - o Location: SS 2102
- <u>Pre-Test 2 O&A</u>: TAs will answer questions about any of the test 2 reading
 - o Friday March 18th, 2-4pm
 - o Location: SS 2102
 - o Monday March 21st, 11am-1pm
 - o Location: SS 2102
- Psychological Disorders & Treatment (TA: Veronica Yuk)
 - o Friday April 8th, 1-2pm OR 4-5pm
 - o Location: SS 2117



<u>Pre-Exam Q&A</u>: Exam Jam session to be hosted by Prof Waggoner Denton
 Date & Location TBA

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PSY100 Graduate Student Mentors

- Susan Gillingham
- Joan Ngo
- ❖ These senior graduate students are available for advice on all things university-related (and beyond). For example, if you are looking for general studying tips, wondering about applying to a psychology program of study, interested in what careers are available to psychology majors, or what graduate school is like, these are the people to talk to! You may drop in and speak with either Susan or Joan during the following times:

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Discussion Board

❖ Students are encouraged to ask and answer questions about course content on the Piazza discussion board (http://piazza.com/utoronto.ca/winter2016/psy100h110101 or follow the link on Blackboard). The TAs and course instructor will also monitor this board and provide answers when needed. Please note that use of this online forum is completely optional and no essential course information (announcements, etc.) will ever be posted here − it is simply a place for asking (or answering) questions (or reading through what your classmates have asked and answered). Be sure to read Piazza's Privacy Policy and Terms of Use carefully. Take time to understand and be comfortable with what they say. They provide for substantial sharing and disclosure of your personal information held by Piazza, which affects your privacy. If you decide to participate in Piazza, only provide content that you are comfortable sharing under the terms of the Privacy Policy and Terms of Use.

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♦ Schedule

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**	Da	❖ Lecture Topic	Reading
*	Jan 12	 Introduction to the course and psychological 	* Ch. 1 (all Modules)
		science	
*	Jan	Research Methods in	Ch. 2 (all Modules)
	19	Psychology	
*	Jan	Biological Psychology	. Ch. 3 (Modules 3.1, 3.2,
	26		3.3)
			 Ch. 9 (Module 9.3)
*	Fe	Sensation & Perception	. Ch. 4 (Modules 4.1, 4.2,
	b 2	*	4.4)
*	Fe	Test 1 (60 MC questions)	*
	b 9		



**	Fe	* Reading Week (no class)	.
	h	Treatming // cen (in evalue)	
	16		
*	Fe	 Learning & Memory 	❖ Ch. 6 (all Modules)
	b	* *Special guest demo	Ch. 7 (all Modules)
	23		,
*	Ma	❖ Memory & Thought	❖ Ch. 8 (Modules 8.1, 8.2)
	rch		
	1		
*	Ma	 Development & 	Ch. 10 (all Modules)
	rch	Personality	Ch. 12 (all Modules)
	8	·	
*	Ma	Social Psychology,	Ch. 13 (all Modules)
	rch	Motivation & Emotion	Ch. 11 (all Modules)
	15		
*	Ma	* Test 2 (60 MC questions)	*
	rch		
	22		
*	Ma	Health, Stress, & Coping	Ch. 14 (all Modules)
	rch		
	29		
*	Ap	 Psychological Disorders 	Ch. 15 (all Modules)
	ril	& Treatment	Ch. 16 (all Modules)
	5		
*	TB	❖ Final Exam	Cumulative exam
	A		

Although I will try my best to adhere to this schedule, lecture topics and readings are subject to change at my discretion. Any changes will be announced in class and posted on Blackboard.

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Note: Drop date (also last date to add or remove CR/NCR option) is Sunday, March 13th.

Assessment

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❖ Test 1 (30%) – 1 hour & 45 minute test, held during normal class time (10:10am start), locations will be posted on Blackboard. Will consist of 60 multiple choice questions. Covers all lecture and textbook material from January 12 – February 2. Practice questions will be provided.

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❖ *Test 2 (30%)* – 1 hour & 45 minute test, held during normal class time (10:10am start), locations will be posted on Blackboard. Will consist of 60 multiple choice questions. Covers all lecture and textbook material from February 23 – March 15. Practice questions will be provided.

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❖ *Final Exam (36%)* – Cumulative, three-hour exam to be held during the April exam period. Will consist of 90 multiple choice questions. Practice questions will be provided.

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❖ Experimental Participation (4%) – Hands-on participation in psychological research currently being conducted by faculty members on the St. George campus. Information on the PSYNup system is available on Blackboard, and will be discussed during the second class period. All questions regarding experimental participation and use of the PSYNup system MUST be sent to Jessica Robin at psy100pool@psych.utoronto.ca. The course instructor and TAs are unable to help with issues regarding the experimental credit system.

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A Course Policies

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❖ Missed Term Tests

- * (**Please note that if you miss the final exam, we cannot help you you will need to file a petition for a deferred exam with your College Registrar's Office.)
- ❖ You are expected to make every possible effort to complete the scheduled tests and arrive on time. Failure to take a scheduled test may result in a zero on the test.

❖ What do you need to do to avoid getting a zero?

• If you miss a test for a legitimate medical reason, you will need to submit the appropriate medical documentation within one week of the missed test. The *Verification of Illness & Injury form* is now the *only* acceptable medical documentation at U of T and must be used for all students who are requesting special academic consideration based on illness or injury. The form may be scanned and emailed to the PSY100 email account, or you may submit a hardcopy to me (either in class or during office hours), or to the PSY100 box in room SS4027. Medical documentation must show that the physician was consulted within one day of the missed term test. If you have missed the test for a reason other than illness, an official email from your College Registrar's office or Accessibility Services may also be considered acceptable documentation.

❖ What happens after you submit the documentation?

• If you miss one term test due to a legitimate absence, your other term test and the final exam will be reweighted (at 45% and 51%, respectively) to make up for the missing test (i.e., that missing 30% of your grade). A missing grade in Blackboard ("-") means that your documentation has been accepted and your grade will be reweighted. You do not need to do anything else. If a "0" appears as your mark for the missed test, this means that either we never received your documentation or that it was unacceptable for some reason. Please feel free to contact us in this case. If you miss BOTH term tests for documented reasons, you will need to take a make-up test. In this rare case, please send an email to psy100@psych.utoronto.ca to make arrangements for the make-up test no later than March 29th.

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Reweighting, Extra Credit, Mark Bumps, etc.

❖ In general, no requests for test reweighting, extra credit assignments, mark bumps, etc., will be responded to, because the answer is no. If you believe that special considerations are warranted, please have your College Registrar send us an email on your behalf.

Reviewing Your Tests

❖ The tests and exams for PSY100 are restricted, meaning that you will not be able to keep your test or answer papers. You are strongly encouraged, however, to review your test, in order to see which questions you you got correct, and more importantly, which questions tripped you up. Test review sessions will be held after the grades have been posted for each test. Please check Blackboard and listen in class for announcements about when and where to review your tests. If you cannot make any of the scheduled test review sessions, you may send an email to psy100@psych.utoronto.ca to make alternative arrangements.

& Classroom Behaviour

❖ Please be respectful of your classmates, myself, and any classroom guests by behaving in an appropriate manner during class. This includes not speaking while myself (or anyone else) is talking, arriving on time, remaining seated except during breaks and activities, and not behaving in any other way that may be distracting to those around you (e.g., texting, playing games, surfing the web, etc.). If you don't want to pay attention, that's your choice − but impeding someone else's learning experience is absolutely unacceptable.

Academic Resources

❖ Accessibility Needs

❖ Students with diverse learning styles and needs are welcome in this course. In particular, if you have a disability/health consideration that may require accommodations, please feel free to approach me and/or Accessibility Services at (416) 978-8060; http://www.accessibility.utoronto.ca

❖ Academic Integrity and Plagiarism

❖ Academic integrity is essential to the pursuit of learning and scholarship in a university, and to ensuring that a degree from the University of Toronto is a strong signal of each student's individual academic achievement. As a result, the University treats cases of cheating and plagiarism very seriously. The University of Toronto's Code of Behaviour on Academic Matters (www.governingcouncil.utoronto.ca/policies/behaveac.htm) outlines the behaviours that constitute academic dishonesty and the processes for addressing academic offences.

All suspected cases of academic dishonesty will be investigated following procedures outlined in the Code of Behaviour on Academic Matters. If you have



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questions or concerns about what constitutes appropriate academic behaviour or appropriate research and citation methods, you are expected to seek out additional information on academic integrity from your instructor or from other institutional resources (see www.utoronto.ca/academicintegrity/resourcesforstudents.html).

❖ Other Resources

Student Life Programs and Services (http://www.studentlife.utoronto.ca/)
Academic Success Services (http://www.asc.utoronto.ca/)
Counselling and Psychological Services (http://www.caps.utoronto.ca/main.htm)

- Health and Wellness Services (http://healthandwellness.utoronto.ca/)
- Psychology Students' Association (http://psa.psych.utoronto.ca/)

❖ Syllabus updated: January 5, 2016